



## 2019 CLASS DATES & TIMES

Choose one session:

**March 23rd**

**April 27th**

**May 25th**

**June 29th**

**July 27th**

**Days & Times:**

**Saturdays**

**10am - 4pm**

# AMERICAN RED CROSS LIFEGUARD RE-CERTIFICATION

### Course Description and Details:

This is a fast-paced review course with the main focus on the hands-on skills of Lifeguarding (CPR/AED/First Aid and Water Rescues). An online blended learning portion of the class must be completed prior to attending the course. Participants will be allowed to participate if they do not have the completion certificate, but they will not be added to the course roster until the completion certificate is provided.

Participants must be currently certified as an American Red Cross Lifeguard or have a certification that is not more than 30 days expired. Successful completion results in a 2-year certification. A copy of your current or expired certification must be presented during registration.

### Cost:

\$125 for San Mateo Athletic Club members or \$150 for non-members. Registration closes three days before each class begins.

### Please note:

To successfully complete the re-certification course, participants must attend the full class, bring or show their online completion certificate and pass all skills assessments.

All fees paid are non-refundable regardless if the participant passes the course.

All classes must have at least 4 (four) participants to be held.

**SAN MATEO ATHLETIC CLUB**  
at the College of San Mateo  
1700 W Hillsdale Blvd  
San Mateo, Ca 94402

650-378-7383

[smac.aquatics@smccd.edu](mailto:smac.aquatics@smccd.edu)



# 2019 American Red Cross Course Registration Form

Please submit this form to the Aquatics Desk or scan & Email: [SMAC.Aquatics@smccd.edu](mailto:SMAC.Aquatics@smccd.edu)

Participant's Full Name	Age	Date of Birth Yes No
Parent's Full Name (if participant under 18 yrs)		Member of SMAC
Primary Phone #	Email	
Emergency Contact	Relationship	Phone #

## Lifeguard Full Course – Attendance is required to all dates

Dates (Pick one session)	SMAC Member	Guests
<input type="checkbox"/> March 29 <sup>th</sup> – 31 <sup>st</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> April 19 <sup>th</sup> – 21 <sup>st</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> May 10 <sup>th</sup> – 12 <sup>th</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> <b>May 20<sup>th</sup> – 24<sup>th</sup></b>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> May 31 <sup>st</sup> – June 2 <sup>nd</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> June 1 <sup>st</sup> – 3 <sup>rd</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> June 15 <sup>th</sup> – 17 <sup>th</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
<input type="checkbox"/> June 22 <sup>nd</sup> – 24 <sup>th</sup>	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300

## Lifeguard Re-Certification Courses

Dates (Pick one)		SMAC Member	Guests
<input type="checkbox"/> Saturday, March 23 <sup>rd</sup>	10am-4pm	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
<input type="checkbox"/> Saturday, April 27 <sup>th</sup>	10am-4pm	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
<input type="checkbox"/> Saturday, May 25 <sup>th</sup>	10am-4pm	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
<input type="checkbox"/> Saturday, June 29 <sup>th</sup>	10am-4pm	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
<input type="checkbox"/> Saturday, July 27 <sup>th</sup>	10am-4pm	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150

Other skills, such as Oxygen Administration, EPI pen training, or Blood Borne Pathogen can be added to a course, or taught as a standalone class upon request. For further information about any Red Cross course offering, please contact Yvonne Taylor at [TaylorY@smccd.edu](mailto:TaylorY@smccd.edu)