



# Lap Swimming Availability

## August 1-31, 2019

### Olympic Pool (20 Lanes, 78 - 80 Degrees)

**SAN MATEO**  
ATHLETIC CLUB  
**AQUATICS**

August 1-31, 2019	Short Course: 25 Yards, 70 Lengths / Mile				Long Course (LCM) : 50 Meters, 32 Lengths / Mile		
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Open Hours</b>	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 7:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	Pools Open at 7:00a	Pools Open at 7:00a
7:00a - 8:00a	5 Lanes	0 Lanes	5 Lanes	0 Lanes	5 Lanes	1 Lane LCM	2 Lanes LCM
8:00a - 9:00a	16 lanes	8 Lanes	12 Lanes	8 Lanes	12 Lanes	1 Lane LCM	2 Lanes LCM
9:00a - 9:30a	16 lanes	16 lanes	16 lanes	16 lanes	16 lanes	1 Lane LCM	5 Lanes LCM
9:30a - 10:00a	16 lanes	10 Lanes	16 lanes	10 Lanes	16 lanes	1 Lane LCM	3 Lanes LCM
10:00a - 11:00a	8 Lanes	10 Lanes	8 Lanes	10 Lanes	8 Lanes	1 Lane LCM	3 Lanes LCM
11:00a - 12:00p	16 lanes	16 lanes	16 lanes	16 lanes	16 lanes	6 Lanes LCM	3 Lanes LCM
12:00p - 1:00p	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	6 Lanes LCM	6 Lanes LCM
1:00p - 3:30p	8 Lanes	16 lanes	8 Lanes	16 lanes	8 Lanes	6 Lanes LCM	6 Lanes LCM
3:30p - 6:00p	16 lanes	16 lanes	16 lanes	16 lanes	6 Lanes LCM	6 Lanes LCM	6 Lanes; Short Course @6p
6:00p - 7:15p	10 Lanes	10 Lanes	10 Lanes	10 Lanes	8 Lanes; Long Course @6:30p	7 Lanes LCM Until 6:30p	16 Lanes Until 6:30p
7:15p - 8:45p	10 Lanes	16 lanes	10 Lanes	16 lanes	6 Lanes LCM	Pools Close	Pools Close
8:45p - 9:15p	18 Lanes	18 Lanes	18 Lanes	18 Lanes	6 Lanes LCM	at 6:30p	at 6:30p

### Instructional Pool (6 Lanes, 86 - 88 Degrees) 25 Yards

August 1-31, 2019	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Open Hours</b>	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 8:30a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes
8:30a - 9:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	0 Lanes	5 Lanes
9:00a - 9:30a	5 Lanes Aug 1-13 0 Lanes Aug 14-31	5 Lanes	5 Lanes Aug 1-13 0 Lanes Aug 14-31	5 Lanes	0 Lanes	0 Lanes	5 Lanes
9:30a - 10:00a	5 Lanes Aug 1-13 0 Lanes Aug 14-31	5 Lanes	5 Lanes Aug 1-13 0 Lanes Aug 14-31	5 Lanes	0 Lanes	2 Lanes	2 Lanes
10:00a - 10:30a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	2 Lanes
10:00a - 10:30a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	2 Lanes
10:30a - 11:15a	0 Lanes Aug 1-13 5 Lanes Aug 14-31	5 Lanes	0 Lanes Aug 1-13 5 Lanes Aug 14-31	5 Lanes	5 Lanes	2 Lanes	2 Lanes
11:15a - 12:00p	0 Lanes	5 Lanes	0 Lanes	5 Lanes	0 Lanes	2 Lanes	2 Lanes
12:00p - 12:45p	5 Lanes	5 lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	2 Lanes
12:45p - 2:00p	5 Lanes	0 lanes	5 Lanes	0 Lanes	5 Lanes	1 Lane	2 Lanes
2:00p - 2:30p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	1 Lane	2 Lanes
2:30p - 7:00p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	5 Lanes Until 6:30p	2 Lanes Until 6:30p
7:00p - 9:15p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	Pools close at 6:30p	Pools close at 6:30p

\*Lap Lane availability is subject to change at any time due to rentals and other activities. Please contact the Front Desk or any Aquatics staff for the most up to date information.\*

**Please Note: The Instructional Pool has one partial lane unavailability due to plaster missing.**

CSM Classes begin Wednesday, August 14th. Additional lanes may be available for Lap Swim from August 1-13.

No BSC Swim Team Aug 5th - Sept. 3rd. Additional lanes may be available from 3:30pm-7:00pm.

Monday/Wednesday 10:30am Aqua Fitness class will change back to 9:00am-10:00am beginning August 14.