



Lap Swimming Availability July 1-31, 2019

**SAN MATEO
ATHLETIC CLUB
AQUATICS**

Olympic Pool (20 Lanes, 78 - 80 Degrees)

July 1-31, 2019	Short Course: 25 Yards, 70 Lengths / Mile				Long Course (LCM) : 50 Meters, 32 Lengths / Mile			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Pool Open Hours	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p	
5:30a - 6:30a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	Pools Open at 7:00a	Pools Open at 7:00a	
6:30a - 8:00a	4 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	1 Lane LCM	2 Lanes LCM	
8:00a - 10am	3 Lanes	3 Lanes	3 Lanes	3 Lanes	4 Lanes	1 Lane LCM	2 Lanes LCM	
10:00a - 11:00a	5 Lanes	10 Lanes	5 Lanes	10 Lanes	5 Lanes	3 lanes@10:30	3 Lanes LCM	
11:00a - 12:00p	18 Lanes	18 Lanes	18 Lanes	18 Lanes	18 Lanes	3 Lanes LCM	3 Lanes LCM	
12:00p - 1:00p	6 lanes	6 lanes	6 lanes	6 lanes	6 lanes	3 Lanes LCM	3 Lanes LCM	
1:00p - 3:45p	18 Lanes	18 Lanes	18 Lanes	18 Lanes	18 Lanes	3 Lanes LCM	3 Lanes LCM	
3:45p - 6:30p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	Long Course @ 6:00p - 4 lanes	4 Lanes LCM	Short Course @ 6:00p - 3 lanes	
6:30p - 7:30p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	4 Lanes LCM	Pools Close	Pools Close	
7:30p - 9:15p	10 Lanes	12 lanes	10 Lanes	12 lanes	4 Lanes LCM	at 6:30p	at 6:30p	

Instructional Pool (6 Lanes, 86 - 88 Degrees) 25 Yards

July 1-31, 2019	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Open Hours	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 8:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	3 lanes until 8:30am	4 lanes @ 7am
8am-9am	1 lane	1 lane	1 Lane	1 Lane	5 lanes	0 lanes 8:30a-9:30a	4 Lanes
9am-10am	1 lane	1 lane	1 Lane	1 Lane	0 lanes	2 lanes @ 9:30am	3 Lanes
10am-10:30am	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	1 Lane
10:30a - 11:30a	0 Lanes	5 Lanes	0 Lanes	5 Lanes	5 Lanes	2 Lanes	1 Lane
11:30a - 12pm	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	1 Lane
12:00p - 2pm	5 Lanes	0 lanes	5 Lanes	0 Lanes	5 Lanes	2 Lanes	1 Lane
2:00p - 3:45p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	2 Lanes	3 Lanes
3:45p - 5:15pm	1 Lane	1 Lane	1 Lane	1 Lane	3 Lanes	3 Lanes	3 Lanes
5:15pm-6:30pm	1 Lane	2 Lanes	1 Lane	2 Lanes	4 Lanes	3 Lanes	3 Lanes
6:30p - 7:30p	1 Lane	1 Lane	1 Lane	1 Lane	5 Lanes	Pools Close	Pools Close
7:30p - 9:15p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	at 6:30p	at 6:30p

Changes to Lap Lane Availability:

Please Note: The Instructional Pool has one partial lane unavailability due to plaster missing.

Sat., July 6th & 27th Limited availability in the Instructional Pool from 10am-2:30pm

Sat., July 13th BOTH POOLS CLOSED

July 5th - 7th LG Class - intermittently utilizing both pools

JULY 4th Pool hours 8am-12:30pm

Saturday, July 13th - BOTH pools closed for swim meet

Sunday, July 14th - Swim Across America - all morning events cancelled

Saturday, July 20th - 50M pool closed for swim meet