



## CLASS DATES & TIMES

**Sunday**

**October**

**20th**

**11am - 6pm**

# AMERICAN RED CROSS LIFEGUARD RE-CERTIFICATION

### Course Description and Details:

This is a fast-paced review course with the main focus on the hands-on skills of Lifeguarding (CPR/AED/First Aid and Water Rescues). An online blended learning portion of the class must be completed prior to attending the course. Participants will be allowed to participate if they do not have the completion certificate, but they will not be added to the course roster until the completion certificate is provided.

Participants must be currently certified as an American Red Cross Lifeguard or have a certification that is not more than 30 days expired. Successful completion results in a 2-year certification. A copy of your current or expired certification must be presented during registration.

### Cost:

\$125 for San Mateo Athletic Club members or \$150 for non-members. Registration closes three days before each class begins.

### Please note:

To successfully complete the re-certification course, participants must attend the full class, bring or show their online completion certificate and pass all skills assessments.

All fees paid are non-refundable regardless if the participant passes the course.

All classes must have at least 4 (four) participants to be held.

Please bring a copy of your current LG certification & a CPR mask.

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