



# Lap Swimming Availability January 1-31

**SAN MATEO  
ATHLETIC CLUB  
AQUATICS**

## Olympic Pool (20 Lanes, 78 - 80 Degrees)

Jan 1-31, 2020	Short Course: 25 Yards, 70 Lengths / Mile				Long Course (LCM) : 50 Meters, 32 Lengths / Mile		
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Open Hours</b>	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 7:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	7 Lanes	Pools Open at 7:00a	Pools Open at 7:00a
7:00a - 8:00a	8 lanes	6 lanes	8 lanes	6 lanes	8 lanes	1 Lane LCM	2 Lanes LCM
8:00a - 9:00a	16 lanes	8 Lanes	12 Lanes	8 Lanes	12 Lanes	1 Lane LCM	4 Lanes @8:30am
9:00a - 9:30a	16 lanes	8 Lanes	16 lanes	8 Lanes	16 lanes	1 Lane LCM	4 Lanes LCM
9:30a - 10:00a	16 lanes	8 Lanes	16 lanes	8 Lanes	16 lanes	1 Lane LCM	6 Lanes LCM
10:00a - 11:00a	5 Lanes	16 Lanes @10:50am	5 Lanes	16 Lanes @10:50am	5 Lanes	1 Lane LCM	6 Lanes LCM
11:00a - 12:00p	16 lanes	16 lanes	16 lanes	16 lanes	16 lanes	6 Lanes LCM	6 Lanes LCM
12:00p - 1:00p	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	4 Lanes; Long Course @12:30p	6 Lanes LCM
1:00p - 3:30p	8 Lanes	16 lanes	8 Lanes	16 lanes	8 Lanes	4 Lanes LCM	4 Lanes LCM
3:30p - 4:00p	16 lanes	16 lanes	16 lanes	16 lanes	16 lanes	6 Lanes LCM	4 Lanes LCM
4:00p - 7:15p	4 lanes	4 lanes	4 lanes	4 lanes	4 lanes	7 Lanes LCM	switch to Short Course
7:15p - 8:45p	10 Lanes	16 lanes	10 Lanes	16 lanes	4 Lanes; Long Course @6:00p	Pools Close	Pools Close
8:45p - 9:15p	18 Lanes	18 Lanes	18 Lanes	18 Lanes	6 Lanes LCM	at 6:30p	at 6:30p

## Instructional Pool (6 Lanes, 86 - 88 Degrees) 25 Yards

Jan. 1-31, 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Open Hours</b>	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30am- 7am	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Pools Open at 7:00a	Pools Open at 7:00a
7:00a - 8:30a	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes
8:30a - 9:00a	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	1 Lane	2 Lanes
9:00a - 9:35a	0 Lanes	5 Lanes	0 Lanes	5 Lanes	0 Lanes	1 Lane	2 Lanes
9:35a - 10:00a	0 Lanes	5 Lanes Jan 1-12 0 Lanes Jan 13-31	0 Lanes	5 Lanes Jan 1-12 0 Lanes Jan 13-31	0 Lanes	3 Lanes	2 Lanes
10:10a - 10:50a	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes Jan 1-12 0 Lanes Jan 13-31	2 Lanes	2 Lanes
10:50a - 11am	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes	5 Lanes Jan 1-12 0 Lanes Jan 13-31	5 Lanes	5 Lanes Jan 1-12 0 Lanes Jan 13-31	1 Lane	2 Lanes
11am - 12:00p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	1 Lane	2 Lanes
12:00p - 12:35p	5 Lanes	5 lanes	5 Lanes	5 Lanes	5 Lanes	1 Lane	2 Lanes
12:35p - 1:50p	4 Lanes	0 lanes	4 Lanes	0 Lanes	4 Lanes	1 Lane	2 Lanes
1:50p - 2:30p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	1 Lane	2 Lanes
2:30p -4:00p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	2 Lanes until 5pm	4 lanes
4:00p-5:30p	1 lane	1 lane	1 lane	1 lane	1 lane	4 lanes	4 lanes
5:30p-7:15p	3 lanes	2 Lanes @ 6:30p	3 lanes	3 lanes	3 lanes	Pools close at 6:30p	Pools close at 6:30p
7:15p - 9:15p	5 Lanes	2 Lanes until @ 7:30p	5 Lanes	2 Lanes until @ 8:00p	5 Lanes	Pools close at 6:30p	Pools close at 6:30p

\*Lap Lane availability is subject to change due to rentals and other activities.

**Entire Pool Deck Closed Saturday & Sunday, January 25th & 26th.**

CSM Classes begin Monday, January 13th. Additional lanes may be available for Lap Swim from Jan 1-12th.

Rentals in the Instructional Pool on: 1/18, & 1/19. Lane availability is generally greater other weekends