

AMERICAN RED CROSS LIFEGUARD RE-CERTIFICATION

Course Description and Details:

This is a fast-paced review course with the main focus on the hands-on skills of Lifeguarding (CPR/AED/First Aid and Water Rescues). An online blended learning portion of the class must be completed prior to attending the course. Participates will **not** be allowed to participate if they do not have the completion certificate.

Participants must be currently certified as an American Red Cross Lifeguard or have a certification that is not more than 30 days expired. Successful completion results in a 2-year certification. A copy of your current or expired certification must be presented during registration. Participants must have a CPR mask or one can be purchased for \$20

Cost:

\$130 for San Mateo Athletic Club members or \$155 for non-members. Registration normally closes 48 hours before each class begins.

Please note:

To successfully complete the re-certification course, participates must attend the full class, bring or show their on-line completion certificate and pass all skills assessments.

All fees paid are non-refundable regardless if the participant passes the course or has completed the on-line requirements.

All classes must have at least 4 (four) participates to be held.



2020 CLASS
DATES & TIMES

Choose one session:

Feb. 18 & 19 or March 2 & 3 6pm-9:30pm

Saturdays 10am - 4pm

March 21
or
April 25
or
May 16
or
June 20

SAN MATEO ATHLETIC CLUB

at the College of San Mateo 1700 W Hillsdale Blvd San Mateo, Ca 94402

650-378-7383 smac.aquatics@smccd.edu



2020 American Red Cross Course Registration Form

Please submit this form to the Aquatics Desk or scan & Email: <u>SMAC.Aquatics@smccd.edu</u>

Participant's Full Name	Age		Date of Birth				
						Yes	No
Parent's Full Name (if participant under				Me	mber o	f SMAC	
Primary Phone #		Email					
Emergency Contact		Relationship		Phone #			
Lifeguard Full C	ourse – A	ttenda	nce is req	uired	to al	l da	tes
Dates (Pick one session)	SMAC Member		1ember	Guests			
$\square March \ 13^{th} - 15^{th}$		\$255			\$305		
$\Box April \ 21^{st} - 25^{th}$		□ \$255			\$305		
\Box May $15^{th} - 17th$		□ \$255			\$305		
		□ \$255			\$305		
Lifeguard Re-Certification Courses							
Dates (Pick one)		S	MAC Membe	r	Gu	iests	
☐ Feb. 18 th & 19 th	6pm-9:30pm		\$130			\$155	
☐ March 2 nd & 3 rd	6pm-9:30pm		\$130			\$155	
☐ Saturday, March 21st	10am-4pm		\$130			\$155	
☐ Saturday, April 25 th	10am-4pm		\$130			\$155	
☐ Saturday, May 16 th	10am-4pm		\$130			\$155	
☐ Saturday, June 20 th	10am-4pm		\$130			\$155	
Lifeg	guard Inst	ructor	Course (LGI)			
☐ Thurs & Fri March 19 th & 20 th	5:30pm-9:30p	om					
AND Sat & Sun March 21st & 22nd	9am-5pm		\$350			\$425	

Other skills, such as Oxygen Administration, EPI pen training, or Blood Borne Pathogen can be added to a course, or taught as a standalone class upon request. For further information about any Red Cross course offering, please contact Yvonne Taylor at TaylorY@smccd.edu