

Pilates Studio Group Class Schedule

Summer/Fall 2022



COLLEGE OF SAN MATEO
ATHLETIC CENTER
Your community connection to education and fitness.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			7am Reformer w/Kari			
8am Mixed Apparatus w/Sybille				8am Mixed Apparatus w/Sybille		
	10am Reformer w/Cristina				<p>3 – 5 participants per session</p> <p>Sessions require Instructor pre-approval and are fee-based</p> <p>For more info please contact Sybille Draper drapers@smccd.edu</p>	
				1pm Reformer w/Kari		
4pm Reformer w/Kari						
		5pm Reformer w/Kari				