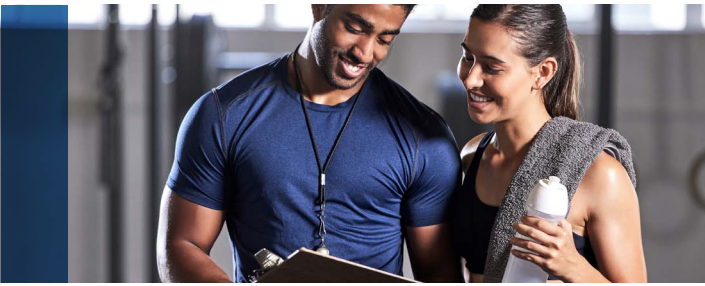
FIT-CENTIVE
PERSONAL TRAINING
50-Minute Sessions



ONE-ON-ONE: NEW CLIENT PACKAGES		
Sessions	**Per Session**	**Total Package Price**
4	$95.00	$380.00
8	$90.00	$720.00
ONE-ON-ONE: PURE POTENTIAL PACKAGES		
Sessions	**Per Session**	**Total Package Price**
1	$110.00	$110.00
4	$99.00	$396.00
8	$95.00	$760.00
12*	$85.00	$1,020.00
TWO-TO-ONE: TEAM-TRAINING PACKAGES		
Sessions	**Per Session**	**Total Package Price**
1	$80.00	$80.00
4	$75.00	$300.00
8	$70.00	$560.00

Packages expire within 10-weeks (2.5) months after the date of the first session. **12-session packages require a commitment of 2-sessions weekly, for 6 weeks.; expires after 6 weeks.*

COLLEGE OF SAN MATEO
ATHLETIC CENTER
Your community connection to education and fitness.

FIT-CENTIVE
PERSONAL TRAINING
50-Minute Sessions

Your Community Connection to Education and Fitness

SMCCD Community Fitness Personal Trainers apply science-based, integrated rationale to programs designed to meet your specific health, wellness, physical and sports performance goals.

Personal Program Plans

Our Certified Personal Trainers design custom exercise plans tailored to your unique needs, ensuring efficient and effective progress.

CALL OR EMAIL TODAY

phamm@smccd.edu
(650) 378-7380
comfit.smccd.edu

New members also receive a complimentary 50-min Fitness Assessment with one of our Certified Trainers. Book yours at bit.ly/comfit-ac-pt-fa-scheduling.

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