

# CSM Pool Lane Availability

Effective 4/5/26

2 swimmers per lane

     = Closed

     = Reduced Availability

     = Long Course  
(5 swimmers per lane)

<b>SMALL</b> 88-90°F / 31-32°C ↓ 4ft / 1.2m	MON	TUES	WEDS	THURS	FRI	SAT	SUN
6:00 AM	6	6	6	6	6		
7:00 AM	6	6	6	6	6	6	6
8:00 AM	6		6		6	6	6
9:00 AM		6		6		2	
10:00 AM	6	6	6	6	6	3	6
11:00 AM	6	6	6	6	6	3	6
12:00 PM	6		6		6	4	6
1:00 PM	6		6		6	3	6
2:00 PM	6	6	6	6	6	3	6
3:00 PM	3	4	2	4	2	4	6
4:00 PM	2	3	3	4	2	6	6
5:00 PM	2	4	2	4	2		
6:00 PM	2	4	2	4	2		
7:00 PM	3	4	4	4	2		

<b>LARGE</b> 77-79°F / 25-26°C ↓ 7ft / 2.1m	MON	TUES	WEDS	THURS	FRI	SAT	SUN
6:00 AM	5	6	5	6	5		
7:00 AM	7	12	7	12	8		20
8:00 AM	8	20	8	20	20		10
9:00 AM	20	20	20	14	20		20
10:00 AM	10	10	10	14	8	5*	20
11:00 AM	20	20	20	20	8	5*	20
12:00 PM	8	20	8	10	20	18	20
1:00 PM	20	20	20	20	20	20	20
2:00 PM	8	8	8	8	8	20	20
3:00 PM	8	8	8	8	8	20	20
4:00 PM		6		6	5	19	20
5:00 PM		4		4	5		
6:00 PM	8	8	8	8	8		
7:00 PM	20	19	20	19	8*		

# Master's Practice Schedule



SAN MATEO MASTERS  
*swimming*

For more Masters information please contact: [reudyt@smccd.edu](mailto:reudyt@smccd.edu)

**Monday**

***Distance***

6AM/7AM/8AM/10AM/12PM

**Tuesday**

***Stroke Work***

6AM/7AM/10AM

**Wednesday**

***Quality***

6AM/7AM/8AM/10AM/12PM

**Thursday**

***Middle Distance***

6AM/7AM/10AM/12PM

**Friday**

***Individual Medley***

6AM/7AM

**Saturday**

***Mid-Long Distance Free***

***(Long Course)***

7-8:30AM/8:30-10AM

**Sunday**

8-9AM

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For more Group Exercise information please contact: [soudahm@smccd.edu](mailto:soudahm@smccd.edu)

**Aqua Fitness**

**Mon/Wed/Friday : 9am-  
10am**

**T/Th : 8:10am-9am**

**Aqua Party w/Red**

**Sunday : 9am-10am**

For more aquatics information please contact: [vuongs@smccd.edu](mailto:vuongs@smccd.edu)